**Rosalie Nadeau**

**Paint with Oils at CAC**

Even in the studio, a visor is essential! To work in the studio, you may want to bring Fruit, Flowers, Fabric, vessels.

*My Basic Palette*:

Opaque colors:Titanium white, Cadmium yellow pale or light, Cadmium yellow deep, Cadmium orange, Yellow Ochre

Transparent colors: a transparent Yellow, Transparent Red Oxide, Permanent Rose and or Alizarin Crimson, Ultramarine Blue, Viridian or Thalo Green (Student grade paints or “Hues” do not have satisfactory pigment saturation)

Solvent: Odorless mineral spirits,

Medium: Walnut oil and or retouch varnish for laying in darks

*Surfaces:* sizes 12x12 to 16x20.  
*Brushes:* Flats: # 8’s, 6’s, 4      Rounds: large & small       Painting knives

*Recommended Paint Box:*A 12 x 16 wood paint box organizes and protects a wet palette. I use a Plexiglas palette, custom cut at a glass company to fit. The closed box lid holds it in place to save your paint. To use paper palettes, I recommend two: 12x16 and 9x12.

*More materials:*Brush washer, palette cup or small lidded jar, bungee cords, pliers, baby wipes, paper towels, barrier hand cream, small mirror.

I use the versatile "Take-It Easel" a revival of the portable Gloucester easel, hand made by my son, Tobin. Visit [www.takeiteasel.com](http://www.takeiteasel.com)