Here's a list for the group, but I want them to know that it's all optional.

Watercolor is very much a custom fit to the individual.

Paints.

Tube watercolors.  I use Holbein and or Winsor & Newton however other brands like Cotman would be fine.

Colors: The long list

Ultramarine Blue

Cobalt Blue

Viridian

Sap Green

Cad Yellow Light or Lemon Yellow

Cad Yellow Medium

Yellow Ochre

Raw Sienna

Cad Red Light

Cad Red Med

Alizarin Crimson

Alizarin Brown Madder

Indian Red

Burnt Sienna

Burnt Umber

Raw Umber

Chinese White (the only opaque color) Many pure watercolorists get all upset about the use of an opaque. I don't really care. It's about the success of the painting and I've seen it used beautifully by many brilliant watercolorists. Besides it can fix mistakes.

Colors: The short List:

Ultramarine Blue

Cobalt Blue

Viridian

Sap Green

Cad Yellow Med.

Cad Red Med

Alizarin Crimson

Burnt Sienna

I don't want the two different color lists to be confusing. The longer list is everything I have in my box. The short list is a bare minimum. You can start with the short list and add any of the other colors from the long list that suit you. Also, I don't use it, but many painters like to add a purple on to their palette. Feel free to do so.

A small bottle of liquid masking material.

Paper:

Watercolor blocks. I use Arches 140 lb cold press in sizes from 7x10, 9x12 to 11x14. Hot press is also fine, but a little trickier to work on.

If you prefer single sheets of paper make sure that they are heavy enough in weight not to buckle, Guerrilla makes a good watercolor board for mounting single sheets. There are other products out there as well. I recommend looking around on line at watercolor plein air suppliers.

Easels: The main feature about a watercolor easel is that you can get the painting surface to at least a 45% angle instead of upright.

 I use a Joe Miller watercolor easel. I purchased it from Cheap Joe's Art Supply. I also recommend the En Plein Air watercolor easel. They make a couple of different models. Guerrilla also makes a watercolor field easel.

A half French easel can work as well. There are also many home made rigs I've seen that combine a drawing board and a tripod. If you're handy you might make one for yourself.

Brushes: You won't need many brushes, just good ones. A large wash brush, something at least an inch or two wide. I don't give brush numbers because manufacturers are very different in the numbers they assign. I use a bright for my wash brush as opposed to a round.

A couple of medium brushes (rounds) for the general work (an inch or so in length, not width) and a couple of small rounds for details (a half inch or so in length)

Lastly a small synthetic brush (round) that will be used only for the masking material.

Brush style and brand:

I use everything from Winsor and Newton Series 7 (very expensive natural hair) to Winsor and Newton Sceptre Gold (great synthetic brushes). I also have a couple of Cotmans in my box. Just make sure that you're using brushes meant for watercolor whether they are natural hair or synthetic. No bristle brushes or very short haired brushes. They don’t carry the pigment and the paint.

  A medium (1/2 inch wide) and a small (1/4 inch wide) flat brush, synthetic or natural. One of each.

Some watercolorists like a sponge for certain techniques. I don't use one.

A small spritzer bottle or eye dropper to dampen your paints. (optional)

I use a plastic collapsible water dish. (It's made for watercolor painting and has a handle to hang on the side of my easel) You can use any good plastic bowl.

Drawing pencils, F or HB. (for drawing on the watercolor paper.

A kneaded eraser.

Small sketch pad with soft pencils or charcoal for doing thumbnails

Umbrella if you like working with them. They can keep the sun off your painting which really helps.

Lastly, paper towels.